Perineural spread in head-and-neck malignancies: Imaging findings – An updated literature review

Olga Medvedev¹, Mihaela Hedesiu², Anca Ciurea³, Manuela Lenghel¹*, Horatiu Rotar⁴, Cristian Dinu⁵, Rares Roman⁶, Dragos Termure⁵, Csaba Csutak³

ABSTRACT

Perineural spread (PNS) represents the tumor’s ability to disseminate along nerves. The aim of this article is to review the relevant literature about the PNS in head-and-neck tumors. The important information for imaging analysis is summarized in a diagnostic flowchart. The pathogenesis, clinical signs, prognostic importance, and technical considerations for computer tomography and magnetic resonance imaging are briefly discussed. The anatomical pathways of the cranial nerves (CNs) and the main checkpoints are synthesized. Most commonly affected nerves are the trigeminal and facial, although any of the CNs may be involved. The described imaging features represent important clues for an optimal differential diagnosis. PNS worsens the prognosis and significantly changes the treatment, thus radiologists should be aware of this entity and be able to find it on imaging in the appropriate clinical context.

KEYWORDS: Head-and-neck tumors; perineural invasion; cranial nerves; neuroanatomy imaging methods

INTRODUCTION

Head-and-neck (H and N) malignancies comprise a considerable variety of histologic subtypes, the most common type being the squamous cell carcinoma (SCC). Among the ways by which H and N tumors are disseminated, it is well recognized that the neoplastic cells can advance along the neural sheath by a process called perineural tumor spread. Although it was a theme of many research works, there is still a lot of confusion about the precise definition [1], and therefore about the true incidence. The presence of perineural spread (PNS) implies worsening of the prognosis and change in treatment and it may occur even in the absence of hematogenous or lymphatic metastasis [2]. There are several crucial points that allow PNS imaging diagnosis: adequate imaging techniques, familiarity with the commonly associated types of cancer, good knowledge of the common nerve routes, and imaging appearance of PNS.

This article presents a diagnostic flowchart based on the literature review, to facilitate the observation of the PNS on the computed tomography (CT) and magnetic resonance imaging (MRI).

UNDERSTANDING THE TERMINOLOGY: PNS VERSUS PERINEURAL INVASION (PNI)

Up to date, the literature is still inconclusive and somewhat confusing regarding the precise definition of PNI and PNS. Batsakis et al. [3] defined PNI in 1985 as tumor cell invasion “in, around, and through nerves,” a broad definition that leaves space for more detailed clarification. In their review, Liebig et al. [2] are in accordance with Batsakis, but offering a more precise description: “The finding of tumor cells within any nerve sheath or tumor in close proximity to nerve and involving ≥33% of its circumference,” a definition widely accepted and cited by many other authors [4-8].

In radiology literature, two different terms describe perineural growth: PNI as tumor cells infiltrating small unnamed nerves, which can only be seen microscopically, but not radiologically, often limited to the main tumor mass [9], and PNS, meaning the gross tumor spread along a larger, typically named nerve, at least in part distinct from the main tumor.
mass and evident on imaging studies [7,10-13]. There is not an exact definition of the transition from PNI to PNS, but the last is evident on MRI and may show clinical manifestations corresponding to the involved nerve [12]. A radiological challenge is deciding if the cranial nerve (CN) situated within or immediately adjacent to a tumor can be termed as PNS, though many specialists consider that PNS refers to "tumor selectively traveling along a nerve away from a primary lesion" and "separate from the main bulk of the tumor" [9,14,15].

The trigeminal nerve (CN V) and the facial nerve (CN VII) are the most affected nerves mainly because of their extensive innervated territory, though virtually any CN and its branches can constitute a route for the PNS [16].

PATHOGENESIS OF PNS. THE MOST COMMON HEAD AND NECK CANCERS ASSOCIATED WITH PNS

The concept of PNI was first brought into discussion in 1835 (Cruelheir) and 1862 (Neumann) [17] and suffered several changes in the understanding of its pathogenesis: first thought to be a lymphatic spread of tumor to the nerves, then stipulated that the nerve sheath is a low resistance path for tumor spread. These theories have now been mistrusted and the new research shows evidence that the signaling between the nerves, the invading tumor cells, and stromal elements composes the main mechanism behind PNI, with a reciprocal growth interaction occurring between nerves and tumors [2,12]. This is possible due to various factors produced by the neoplastic cells and the local microenvironment (neutrophils such as NGF, BDNF, and NT-3) [2,5,18].

Regarding H and N cancers, the incidence is estimated around 27–82% of H and N mucosal or cutaneous SCCa [5] and approximately 31–96% in case of adenoid cystic carcinoma (ACC) [5,19]. Regarding ACC, even if it represents only 1-3% of H and N cancers, it has the highest relative incidence of PNI [20]. PNI is also frequently found in patients with salivary duct carcinoma, polymorphous low-grade adenocarcinomas [5], cutaneous malignancies, desmoplastic melanoma, myeloma, lymphoma, and leukemia [7,21].

CLINICAL SIGNS ASSOCIATED WITH PNS

Up to 40% of patients with perineural involvement are asymptomatic or have non-specific symptoms [5,9-11]. However, there are some "red flags" that should alert the physician and the radiologist to raise suspicion of PNS in an appropriate clinical context, as the unexplained neurologic symptoms may appear well before the PNS is apparent on imaging. These correspond to the alteration of either sensory or motor function of the specific affected CN in the respective innervation territory, and include pain, paresthesias, numbness, formication, and motor denervation weakness. As the most common CNs involved are the CN V and CN VII, the weakness of the mastication muscles (mandibular division V3) or facial expression (CN VII) is expected, which evolves to muscle atrophy in chronic cases. Furthermore, there may be ipsilateral loss of sensation: anesthesia of forehead and absent corneal reflex when ophthalmic nerve (V1) is affected; anesthesia of the midface for maxillary nerve (V2); anesthesia of the chin, lower lip, and anterior 2/3 of the tongue for V3 [22].

If PNS reaches the lower CN, it can manifest as following: dysphagia, absent gag reflex, and uvula deviation (CN IX, X); hoarseness caused by vocal cord paralysis (CN X); pain and weakness of shoulder and/or neck movement, shoulder drooping and lateral displacement of the scapula (CN XI); and paralysis, fasciculation, and atrophy of the tongue muscles (CN XII) [22].

Attention must be paid to the differential diagnosis with trigeminal neuralgia and idiopathic facial paralysis (IFP or Bell’s palsy), both being the reason for PNS misdiagnosis. Trigeminal neuralgia causes episodic, lancinating, and triggerable facial pain with free intervals, whereas CN V neuropathy in PNS presents with constant, unilateral, and mild facial pain with strong sensory loss. The IFP is a unilateral weakness involving all peripheral branches of the facial nerve, gradually resolving overtime, with complete recovery of 70% of all patients [23]. In contrast, slowly progressive (>3 weeks) or recurrent paralysis, facial hyperkinesia, pain, and other CN involvement indicate another cause and one must think of potential PNS [5], as facial paralysis of neoplastic origin constitutes about 5% of all cases [23]. Furthermore, a sudden onset of facial paralysis does not guarantee the definite exclusion of tumoral cause [23].

Rarely, PNS may be attested clinically and by imaging before the primary cancer has manifested itself, as it may happen, for example, in clinically silent submucosal slow-growing tumor (ACC) originating in the palate [10].

Sometimes, the presence of clinical symptoms of PNS without any signs on imaging studies may suggest a microscopic PNI [24].

IMPORTANCE OF PNS IN THE TREATMENT PLANNING AND PROGNOSIS

To apply a correct radiation procedure and/or surgery, the oncology team may have to make a decision without histopathology confirmation, because PNS usually appears in anatomic areas unapproachable for biopsy, therefore, radiology plays a crucial role in detecting this condition [25,26].
PNI/PNS is considered to be an adverse prognostic factor in H and N cancers of virtually all sites, associated with poor local and regional disease control, probability of locoregional and distant metastasis, disease recurrence, and decreased survival rate [27-29].

The accuracy and frequency of PNI reporting is questionable, because there is variation in the biopsy technique, method of detection, small number of cases analyzed, insufficient follow-up (due to natural history), as well as no unique standardized accepted definition [19,30]. Referring to imaging results, the statistics is controversial, with variations and contradictions in the studies about the prognostic significance [5,30].

Most H and N oncologists consider the presence of PNI at least a relative indication for post-operative radiotherapy in resected cutaneous and mucosal SCCa and aggressive salivary gland tumors [5], as well as in any primary tumor with clinical or radiological signs of PNS [31]. The detection of PNS is critical for careful pre-operative planning, as well as for radiation planning target volume [5,31,32]. For example, facial nerve-sparing surgery in some parotid tumors may be attempted and the surgeon must know if the facial nerve is intact [20]. When the tumor spread is found cranially to the geniculate or Gasserian ganglion, the case is considered as inoperable [33].

Failure to recognize the PNS goes with high risk of morbidity from cancer progression; the recurrence of PNS is rarely resectable and the repeated irradiation has greater toxic adverse effect in the detriment of fewer benefits when compared with the initial early treatment [31,34].

**DIAGNOSTIC APPROACH BASED ON THE LITERATURE REVIEW**

Based on the available literature, a diagnostic algorithm is proposed in Figure 1. The success of a correct diagnosis is assured most importantly by the complete clinical information, which determines the direction of search, as well as the comprehensive knowledge of CNs anatomy which constitutes the road map to the neural lesion.

**CNs relevant anatomy for PNS “chasing”**

The tumoral cells can invade in retrograde or centrifugal direction from the primary tumor proximally toward the brain stem, as well as anterograde or centrifugal once tumor reaches main connection points (pterygopalatine fossa – PPF, Meckel’s cave) spreading to the periphery [9-11,16]. Another spreading feature is the “skip lesion” which means an uninvolved segment on imaging along the affected nerve between the primary tumor and metastatic site, while microscopically the areas of nerve invasion can be continuous [9,10,26] and could be explained by the amount of tumor burden along a nerve’s route [9]. Thus, the radiologist must always inspect the entire nerve.

The main pathways along the CNs for the PNS are presented in Figures 2-5 [7,10,11,35].

When a suspect lesion is encountered at one of the nerves’ “meeting point” (PPF, Meckel’s cave, cavernous sinus), the pathways of all the CNs that pass through should be inspected [9]. An example of such complex involvement of multiple CNs is illustrated in Figure 6.

There are important nerve interconnections used by tumoral cells to disseminate. Most often recognized on imaging are the greater superficial petrosal nerve (GSPN) linking V2 with the geniculate ganglion of CN VII (schematically represented in the Figure 7a) and the auriculotemporal nerve (ATN) that communicates with CN VII within the parotid gland (Figure 7b) [10,36,37].

Furthermore, the chorda tympani nerve (from CN VII) joins the lingual nerve (from V3) as represented in Figure 7c.

**Important anatomical checkpoints along the nerves’ route**

The possible primary tumor site corresponding to the innervated territory, as well as imaging checkpoints along the nerves’ course, which have to be assessed on the imaging, are synthesized in Tables 1-3. The juxtaforaminal fat pads are important clues to be analyzed.

Although PNS can occur from any potential neoplasm in the innervated territory of the CNs, there are more commonly encountered situations. The majority of PNS along V1 occur from cutaneous malignant neoplasms such as SCCa or melanoma of forehead, anterior scalp, upper eyelid, and affecting the supraorbital or supratrochlear nerve [38]. Respectively, the radiologist should check up the fat pad in the orbital apex, the fat tissue along the orbital roof upper to the superior rectus and above levator palpebrae superioris muscles (Figure 8), as well as anterior to the superior orbital rim, all visible on CT and MRI.

Common tumoral sites that can cause PNS along V2 branches are neoplasms of oral cavity or oropharynx mucosa (especially hard and soft palate), sinonasal tract (Figure 9), and facial skin cutaneous cancers. For V2 spread there are 3 important factors: conspicuous fat in the PPF (Figure 10), the retroantral and preantral fat (at the opening of the infraorbital foramen) joined by the infraorbital nerve, as well as the fat near to foramen rotundum.

The motor branches of V3 may serve as a metastatic route in case of tumors in the masticator space, nasopharynx, oropharynx, or a retrograde spread from the inferior alveolar nerve (Figure 11) [39]. Considering V3, there is the fat pad anterior to mental foramen, at the mandibular and ovale foramen, as well as the mandibular bone marrow fat that surrounds the inferior alveolar canal which needs to be assessed (Figure 6).
The mastoid segment and the GSPN are the most affected segments of CN VII in case of PNS. The primary parotid tumors or the neoplasms invading the gland are responsible for nerve involvement (Figure 12). At the exit point of the CN VII from the stylomastoid foramen, a visible fat pad can be noticed and must always be assessed [40].

The PNS along the hypoglossal nerve arises more often from a nasopharyngeal carcinoma that spreads to the retrostyloid compartment of the parapharyngeal space [39].

Technical considerations

CT and MRI complete each other and are useful to guide the diagnosis. CT can spot the PNS at later stages than MRI, when there are voluminous tissue masses with foraminal erosions and widening. CT studies may be useful for biopsy guidance, as well as in patients with various implants that are incompatible with MRI.

However, MRI provides a superior soft-tissue contrast compared to CT, so it is considered best suited for
detecting PNS and for identifying the anatomic extent of spread [5,16,41]. Nemzek et al. concluded that 1.5 T MRI has 95% sensitivity for PNS detection, but cannot always delineate the true extent of the tumoral spread, as the microscopic foci are only determined histologically [9]. Furthermore, Baulch et al. in a study about 3T MRI evaluation of large nerves PNS determined a sensitivity of 95% and a specificity of 84% for the 3T MRI [33]. In a recent study, Schroeder et al. concluded that 1.5 T MRI has a sensitivity of 62% and a specificity of 88%, for detecting PNS in a cohort of patients with H and N SCCa [42].

For small CNs, one must use high-resolution imaging with thin sections (maximum 3 mm) [8] and small field of view for both CT and MRI (no greater than 18 cm) [8,10]. It is mandatory to include a high-resolution bone algorithm for CT for assessing bone erosions (Figures 10 and 11). The three-dimensional (3D) isotropic sequences became routinely used, as they allow reformations in standard planes and along the course of an affected nerve, but due to longer acquisition time, it may cause motion artifacts with low-quality images. Thus, the protocol should include standard and 3D imaging [8]. Coronal, axial, and sagittal planes must all be reviewed, as some points of interest are better visualized on a particular plane (e.g. Meckel’s cave, foramen ovale, and V3 trunk on coronal image). Thereby, the coronal plane depicts better the CN I-VI, as they mainly traverse posteroanteriorly. The rest of CNs course are more mediolaterally and are better evaluated on the axial plane [35,43]. The imaging limits should be: on axial – from above the orbit’s roof down to the tip of the mandible; on coronal – from the globes anteriorly to the posterior margin of the temporal bones.

### Imaging protocols

There are different opinions regarding the best MRI protocol, the sequences listed in Table 4 are important to be included.
In general, when imaging the CNs, the sequences should be adapted according to the CNs segments, as shown in Table 5, so these principles may also be adjusted to the study of PNS. Thus assessing the CNs, one should start from the nucleus (located in the brain for the CN I-II and in the brainstem for CN III-XII), then follow the cisternal segment where the nerve is surrounded by cerebrospinal fluid. Subsequently the pathway follows the vascular segment where the nerves are running through the venous plexuses including CNs III-VI in the cavernous sinus to the superior orbital fissure, CN VII-VIII in the cerebellopontine angle and internal auditory canal, CN IX-XI in the jugular foramen, and CN XII in the hypoglossal canal. Finally, the CNs enter their extracranial part, where they are found in the soft tissues of the face and neck, mainly surrounded by fat [35].
FIGURE 6. A 39-year-old male diagnosed with adenoid cystic carcinoma of maxillary sinus, with multiple extensions. Clinically: Right abducens nerve palsy, diplopia, right infraorbital anesthesia. Axial T1-weighted (A, H), axial (B, G), and coronal (C, F, I) contrast-enhanced (CE) 3D T1 FSPGR; coronal contrast enhanced in Phase T1 FSE IDEAL (D, E) images. The probable first point of PNS is PPF with fat obliteration (white arrow) and CE (black arrow), where the V2 nerve is involved. In an anterograde direction, the tumor reaches the right infraorbital nerve, demonstrated by infraorbital canal enlargement with CE (IOC) and preantral fat obliteration (gray arrow). Following the main V2 trunk, the tumor reaches the cavernous sinus which appears larger and shows CE (arrowhead). Note that in CN III, IV, V1, and V2 are situated in the lateral wall of the cavernous sinus, the cavernous segment of CN VI is located medially to the CN V1, implying the tumoral involvement of the mentioned nerves. There is Meckel’s cave CE (curved arrow) and the tumor traveled back up to the main trigeminal trunk (cisternal segment, dashed arrow). Notice the right mandibular fat replacement (white *), associated with mandibular CE (black *), and cortical disruption, meaning an anterograde PNS from the Meckel’s cave to the inferior alveolar nerve (branch of V3).

TABLE 1. Check-points along the nerve’s route where MRI features indicative for perineural spread (PNS) in commonly involved CNs can be found. The table also contains the innervated area supplied by each cranial nerve (CN), making it the first nerve at risk according to the location of the primary tumor [7,10,11,22,35]

<table>
<thead>
<tr>
<th>Cranial nerve</th>
<th>Checkpoints on the nerve pathway</th>
<th>Innervated area (primary tumor site)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ophthalmic (CN V1)</td>
<td>Fat anterior to the superior orbital rim and superior to the levator palpebrae muscle; superior orbital fissure, cavernous sinus, Meckel’s cave, pre-pontine cistern</td>
<td>Sensory: Upper face skin (nose, eyelids, forehead, scalp till lambdoidal suture), orbit, conjunctiva, lacrimal gland, ethmoid and frontal sinus, part of the nasal mucosa, frontal dura</td>
</tr>
<tr>
<td>Maxillary (CN V2)</td>
<td>Infraorbital foramen, infraorbital canal, inferior orbital fissure, pterygopalatine canal, greater/lesser palatine foramen, greater palatine canal, sphenopalatine foramen, pterygopalatine fossa, foramen rotundum, cavernous sinus, Meckel’s cave, pre-pontine cistern</td>
<td>Sensory: Middle face skin (cheek, nose), upper lip, oral cavity, oro- and nasopharynx, nasal cavity, maxillary sinus, palate mucosa, maxillary gingiva, and maxillary teeth</td>
</tr>
<tr>
<td>Mandibular (CN V3)</td>
<td>Foramina: Mental, mandibular or oval; mandibular canal, mandibular bone marrow fat (in older adults); muscles: masseter, temporalis, lateral and medial pterygoid, mylohyoid, anterior belly of digastric; cavernous sinus, Meckel’s cave, pre-pontine cistern</td>
<td>Sensory: lower lip, inferior face and preauricular/temporal skin, oral cavity mucosa, anterior 2/3 of tongue, mandibular teeth, mucosa of the mandibular gingiva, parapharyngeal space, oro- and nasopharynx, parotid gland (+ adjacent skin); Motor: Muscles of mastication, tensor veli palatini, tensor tympani, mylohyoid, anterior belly of digastic muscle</td>
</tr>
<tr>
<td>Facial (CN VII)</td>
<td>Facial muscles of expression &gt; nodular thickening and enhancement of the SMAS layer, buccinator, platysma, and posterior belly of digastic muscles; parotid space, stylomastoid foramen; mastoid, tympanic, labyrinthine and genu segments of CN VII, internal acoustic canal, cerebellobulbar angle</td>
<td>Anterior 2/3 of the tongue; facial muscles of expression, platysma and posterior belly of digastic muscles, stylohyoid and stapedius muscles; parotid gland (+ adjacent skin); temporal bone (adjacent skin), external auditory canal, pterygopalatine ganglion</td>
</tr>
<tr>
<td>Hypoglossal (CN XII)</td>
<td>Extrinsic and intrinsic muscles of the tongue, carotid space, hypoglossal canal, cerebellomedullary cistern</td>
<td>Nasopharynx, sublingual space; motor to extrinsic muscle of the tongue (genioglossus, hyoglossus, styloglossus, geniohyoid), and intrinsic tongue muscles</td>
</tr>
</tbody>
</table>

SMAS: superficial musculoaponeurotic system
As newer imaging techniques are emerging, there may be an even more accurate visualization of CNs pathology in the future. For example, the isotropic 3D unenhanced MR neurography (MRN) permits a detailed depiction of the extracranial peripheral branches for the CNs V, VII, and IX-XII. MRN aims to provide high-resolution images and...
TABLE 3. Important nerve interconnections between the peripheral branches of CN V and CN VII with the specific check-points where features of PNS can be traced [7,10,11,22,35]

<table>
<thead>
<tr>
<th>Cranial nerve</th>
<th>Checkpoints on the nerve pathway</th>
<th>Innervated area (primary tumor site)</th>
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</thead>
<tbody>
<tr>
<td>GSPN (from geniculate ganglion of the CN VII,</td>
<td>Pterygopalatine fossa, vidian canal,</td>
<td>GSPN + DPN (from sympathetic plexus of ICA) - vidian nerve (joins PPG), so GSPN communicates with fibers from V2 in the PPG; parasympathetic innervation to the lacrimal glands, nasal cavity, paranasal sinuses, nasopharynx, palate.</td>
</tr>
<tr>
<td>fibers originate in nervus intermedius)</td>
<td>geniculate fossa</td>
<td></td>
</tr>
<tr>
<td>Chorda tympani (from CN VII)</td>
<td>mastoid segment of facial nerve</td>
<td>Chorda tympani joins with the lingual nerve (from V3); parasympathetic innervation controlling secretion of the submandibular and sublingual glands; anterior 2/3 of tongue (taste)</td>
</tr>
<tr>
<td>Auriculotemporal nerve (from V3)</td>
<td>Enhancing mass along the posterior aspect of the condylar head of the mandible</td>
<td>Auriculotemporal nerve communicates with CN VII within the parotid gland; parotid region skin, the sheath of the parotid gland, external acoustic meatus, external surface of tympanic membrane, skin of the lateral auricle, skin of the posterior half of the temporal region, sensation to the temporomandibular joint</td>
</tr>
</tbody>
</table>


Imaging findings

Detailed knowledge of normal CNs MRI appearance is essential for recognizing the abnormal features.

Gasserian ganglion and its three divisions are surrounded by a perineural vascular plexus (PNVP) down to their exit from the skull base and the plexus normally has mild thin contrast enhancement (CE), while the ganglion and its branches are avascular [52]. However, there are divergent reports about CE of the trigeminal ganglion: Williams et al. [52] obtained uniform fat saturation and in the same time to suppress pulsation and breathing artifacts [48]. It is obtained using a 3D black-blood TSE STIR sequence that uses a pseudo steady-state sweep combined with a motion-sensitized driven equilibrium pulse [46,49,50]. Furthermore, the CNs tractography based on diffusion tensor imaging (DTI) may show promising results in tracing CNs thus supplementing the MRN anatomical diagnostic accuracy. At the moment, though only the thicker nerves and nerves as a group can be displayed by DTI [46,48,51].

FIGURE 8. Patient with the left lacrimal gland adenoid cystic carcinoma operated for 6 years, presented for numbness of the forehead. There is tumoral relapse at the level of superior rectus and levator palpebrae muscle. The coronal contrast-enhanced T1-weighted FSE (A, B) demonstrates CE of the fat pad around the CN V1 in the orbital apex (arrow) and fat pad obliteration superior to the levator palpebrae muscle (arrowhead) in the expected location of the V1 branches, compared to their normal appearance on the right side (dashed arrows). The findings are suggestive of PNS along V1. The left frontal cerebral metastasis (*) is also noticed.

FIGURE 9. Nasal squamous cell carcinoma (T) with maxillary extension. Coronal post-contrast computed tomography image (A) shows enlargement and contrast enhancement of the right infraorbital nerve in its corresponding foramen (arrow). The enlarged infraorbital canal (white arrowhead) shown on the sagittal view (B, C) is a pathway for the PNS toward the inferior orbital fissure and then the pterygopalatine fossa. Notice the normal left infraorbital foramen fat pad (dashed arrow) and canal (gray arrowhead).
Advantages and disadvantages

- Submillimetric heavily T2-weighted gradient-echo sequences: CISS, FIESTA-C, B-FFE, SPACE.
- Submillimetric 3D T1 fat-sat sequence (0.5–0.8 mm) + gadolinium

Sequences

- For acute denervation of muscles that are the motor units for the affected nerve, showing the muscle edema.
- The flow voids are better visualized and may sometimes be the cause of foramen enlargement, mimicking the PNS [8].

Fat suppressed T2 weighted

- Better depicts the muscle edema.

Fat suppressed postcontrast T1 weighted

- Generally recommended [10], as it makes the CE seem more clear and standing out from the surrounding fat suppressed tissue.
- Some drawbacks that rise controversy [8,10,13,15]:
  - Inadequate fat suppression in areas of air-bone interface that may mimic areas of pathologic enhancement;
  - Dental filling artifacts or other metallic implants determine more intense artifacts;
  - Susceptibility, especially nearby sphenoid sinus, where the key elements such as foramen rotundum, ovale, vidian canal may be obscured by the "blooming" artifact at the air-bone interface or in the aerated mastoid cells which are close to the course of CN VII [15]. This artifact is more evident in a T1 MRI.

Post-contrast T1 weighted without fat saturation

- Less artifacts, but the difference between the PNS and surrounding fat may be difficult to observe, as PNS enhances only slightly grover ["evil gray" [15]] compared to the bright signal of the fat [8];
- Curtin [14,15] advocates for the use of this sequence, explaining that "even after intravenous contrast agent administration, tumor is never as hyperintense as fat" and "with a wider window, the enhancing tumor and fat can be separated.

Short-tau inversion recovery (STIR)

- More homogeneous fat [62];

Enhanced 3D constructive interference in steady state (CISS) and 3D time of flight angiography (TOF)

- Best suited for the trigeminal ganglion and the emerging V1, V2, and V3 roots evaluation [51];

CE: Contrast enhancement

**TABLE 4.** The most important MRI sequences that need to be included in the examination protocol intended for PNS evaluation [8,10,13,15,41,44-46]

<table>
<thead>
<tr>
<th>Sequence</th>
<th>Advantages and disadvantages</th>
</tr>
</thead>
<tbody>
<tr>
<td>Noncontrast T1-weighted, axial, and coronal planes</td>
<td>- Most useful to depict the foraminal fat pads and PPF, in contrast to the lower signal intensity of PNS, being thus the choice for analyzing the extracranial segments of CNs [8,10,13,15].</td>
</tr>
<tr>
<td>T2 weighted</td>
<td>- For acute denervation of muscles that are the motor units for the affected nerve, showing the muscle edema; - The flow voids are better visualized and may sometimes be the cause of foramen enlargement, mimicking the PNS [8].</td>
</tr>
<tr>
<td>Fat suppressed T2 weighted</td>
<td>- Better depicts the muscle edema; - For the chronic denervation showing muscle fat degeneration it is important to have both T1 and T2 sequences without fat suppression, not to miss the fatty muscular replacement [8].</td>
</tr>
<tr>
<td>Fat suppressed postcontrast T1 weighted</td>
<td>- Generally recommended [10], as it makes the CE seem more clear and standing out from the surrounding fat suppressed tissue: - Some drawbacks that rise controversy [8,10,13,15]: - Inadequate fat suppression in areas of air-bone interface that may mimic areas of pathologic enhancement; - Dental filling artifacts or other metallic implants determine more intense artifacts; - Susceptibility, especially nearby sphenoid sinus, where the key elements such as foramen rotundum, ovale, vidian canal may be obscured by the &quot;blooming&quot; artifact at the air-bone interface or in the aerated mastoid cells which are close to the course of CN VII [15]. This artifact is more evident in a T1 MRI.</td>
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<td>Short-tau inversion recovery (STIR)</td>
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</tr>
<tr>
<td>Enhanced 3D constructive interference in steady state (CISS) and 3D time of flight angiography (TOF)</td>
<td>- Best suited for the trigeminal ganglion and the emerging V1, V2, and V3 roots evaluation [51];</td>
</tr>
</tbody>
</table>

**TABLE 5.** Variations of MRI sequences adjusted to the CNs regional anatomy (the suitable sequence depends on the tissue/fluid that is surrounding the nerve), used for imaging the CNs different pathologies (adapted from [35, 46, 47])

<table>
<thead>
<tr>
<th>CNs segments</th>
<th>Sequences</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Intracranial intra-axial seg.: brainstem nuclei and intramedullary fibers</td>
<td>Sagittal &amp; axial T2-WI/FLAIR/PD (2D) - DWI (2D) (for acute onset pathology; tissular &amp; cystic masses) - m-FFE/medic/merge (2D) - nuclei</td>
</tr>
<tr>
<td>2. Intracranial extra-axial seg.</td>
<td>a. Cisternal seg. - Submillimetric heavily T2-weighted gradient-echo sequences: CISS, FIESTA-C, B-FFE, SPACE; - DRIVE TSE T2 (3D); - TOF MRA (3D) unenhanced; Coronal plane for CN I-IV, axial for CN V-XII</td>
</tr>
<tr>
<td></td>
<td>b. Seg. surrounded by venous plexus - intraforaminal fibers - Submillimetric 3D T1 fat-sat sequence (0.5–0.8 mm) + gadolinium - T1-WI TSE HR (2D) - FFE (3D) - Black blood TSE T1 (3D)</td>
</tr>
<tr>
<td>3. Extracranial nerves—face, neck, mediastinum</td>
<td>Submillimetric 3D T1 fat-sat sequence (0.5–0.8 mm) + gadolinium - Axial &amp; coronal T1&amp; T2 - WI TSE HR (2D) - Neurography (3D)</td>
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**WI** - weighted image, **FLAIR** - Fluid-attenuated inversion recovery, **2D** - two dimensional, **DWI** - diffusion-weighted imaging, **m-FFE** - merged fast field echo, **medic multi-echo data image combination, merge multiple echo recombine gradient echo, CISS** - Constructive Interference in Steady State, **FIESTA-C** - Fast Imaging Employing Steady-State Acquisition Cycled Phases, **B-FFE** - Balanced Fast Field Echo, **SPACE** - Sampling Perfection with Application Optimized Contrast, **DRIVE** - driven equilibrium, **TSE** - turbo spin echo, **3D** - three dimensional, **FFE** - fast field echo, **HR** - high resolution

CE only in 4% of cases, while Downs et al. [53] found CE on all coronal T1-weighted spin-echo (SE) MRI and later on, Yousry et al. [45] reported that the ganglion enhanced more than the adjacent dura on CE 3D TOF and on CE 3D CISS sequences. Meckel's cave is filled with cerebrospinal fluid (CSF) and therefore it follows the CSF signal on all MRI sequences and has fluid density on CT. As stated above, the trigeminal ganglion that lies within the cave is thought to be avascular, so there should normally be no central CE in the Meckel's cave [10].

The normal nerve is hypointense centrally and is incompletely (or sometimes completely) surrounded by an enhancing normal PNVP [52]. Therefore, the larger nerves (maxillary, mandibular, hypoglossal, and vidian) can be seen as an inner hypointense spot surrounded by hyperintense signal which appears as a "target sign" when sectioned perpendicularly or as a "tram-like" sign when imaged longitudinally. The thin CN VII, however, cannot be distinguished in the narrow facial canal from the PNVP [39]. Seemingly abnormal enhancement may occur due to head tilt or rotation.
Subacute or asymptomatic neuritis can also cause nerve enhancement [52].

There is inhomogeneous, mild-to-moderate enhancement of the normal CN VII only in the facial canal (at least one segment may be enhanced), more evident in geniculate ganglion, proximal GSPN, tympanic and mastoid segment, but rarely in labyrinthine part [54,55]. An asymmetric CE is considered abnormal in these segments. In the cisternal, canaliculair, and proximal extracranial segments, no enhancement was noticed and so CE here is always suspicious [54,55]. Gebarski et al. [54] motivated this fact with the presence of a rich circumneural arteriovenous plexus around the facial nerve in the temporal bone, which suddenly ends at the labyrinthine segment and the stylomastoid foramen. However, Martin-Duverneuil et al. [55] found also in healthy subjects intense enhancement, similar to pathological, in 6% of the geniculate ganglions and 11.6% of the tympanic segments. There may also be left-right asymmetry in CE [54]. Hong et al. [56], using 3D spoiled gradient recalled acquisition in steady state (FSPGR) at 3.0 T, demonstrated a variable extent of CE in all segments of the CN VII: mastoid – 100%; geniculate – 77.5%; tympanic – 37.5%; canaliculair – 15%, and labyrinthine – 5%. Attention is needed when assessing the CN VII on newer sequences, as the study by Dehkharghani et al. [57] showed significantly higher signal intensity (SI) in most normal CN VII segments on unenhanced and contrast-enhanced 3D-FSPGR compared to SE.

Foramen ovale can have a different left-right size, but it is not normal when it varies by more than 4 mm on the two sides of a patient [43]. The right jugular foramen is larger than the left in 75% of the population [43].

The abnormal imaging features characteristic for PNS can be divided into primary – related to the structure modifications of the nerve and surrounding tissues, and secondary – alterations in the innervation territory of the affected nerve.

Primary

1. Enhancement of a nerve associated with its enlargement and extension through the corresponding foramina is best visualized by MRI on any segment of the nerve (Figure 13). Pathologic enhancement is the diffuse enhancement with no clear separation between the nerve and its PNVP [24]. One must carefully assess the intensity, thickness, and right-left symmetry of CE to declare it pathological. On CT, even if the nerves cannot be well distinguished, the excessive enhancement in the neural foramina or canals can be viewed (Figure 9) and corresponds to the nerve’s involvement [8,10]. The enhancement could be explained by the disruption of the...
blood-nerve barrier as the tumor grows causing nerve damage [5,39];
2. Effacement or obliteration of the normal fat pads adjacent to neural foramina or in the PPF can be assessed both on MRI and CT (Figures 10 and 14) [5,10,56];
3. Widening or strong enhancement of the PPF, Meckel’s cave or cavernous sinus, can be visualized on MRI, as well as on CT [5,10]. The trigeminal cave is replaced with soft tissue and the cavernous sinus is enlarged, with bulging of the lateral dural margin [16] (Figure 15);
4. Foraminal or canal expansion or erosion due to nerve enlargement can be better observed as a side asymmetry on the bone CT scan [5,10] (Figures 10, 14 and 16). This is a tardive finding, since the normal nerve is smaller than the foramen and has sufficient time to grow until the bone destruction occurs. Attention should be paid,
as the direct extension of the tumor may cause a similar appearance. The foraminal enlargement may be non-specific due to benign disease processes or anatomic variation, so the presence of erosions is more suggestive of a malignant etiology [8].

Secondary

1. Muscular denervation refers mainly to the muscles innervated by the mandibular nerve and undergoes three phases [7,59,60]:

   - Acute (<1 month) only seen on MRI, consists of T2 edema-like hypersignal and CE of the affected muscle with increased volume [7,60] (Figure 17). The similar signal to edema is due to a decrease in the intracellular water with increase in the extracellular water, which causes T2 prolongation [13,59]. The finding of CE may be due to an expanded extracellular space, with relatively increased vascularity and perfusion [59]. The denervated muscle preserves the internal striation, contrary to a muscular tumor infiltration which affects the muscular architecture [10];

   - Subacute (up to 12-20 months), also depicted on MRI, is the T2 prolongation, CE, no increase, or loss in volume, but additionally T1 hyperintensity due to fat transformation;

   - Chronic (after 12-20 months) changes consist of extensive fatty infiltration (T1 and T2 hyperintensity) associating neuropathic atrophy with volume loss which can also be observed on both CT and MRI [8,10]. In case of a direct tumor infiltration into the muscles, the volume of the affected muscular tissue often increases, the signal changes are not so generalized and the intensity is not as high as in chronic atrophy. In case of hypoglossal (CN XII) long-standing lesion, the affected hemi-tongue will show extensive fatty replacement and loss of tongue volume compared to the contralateral side, with possible prolapse of the involved hemi-tongue into the oropharynx [59].

   The muscles of facial expression (buccinators, orbicularis oculi, quadratus labii inferior, and platysma) also suffer denervation changes when CN VII is involved, seen on MRI merely as T2 hyperintensity and CE. Because of their small size, the potential volume loss is difficult to appreciate on imaging and a direct comparison from side to side is crucial [60].

2. Thickening and/or enhancement of the superior musculoaponeurotic system (SMAS)

   The SMAS layer represents a continuous fibrous network that connects the mimic muscles to the overlying dermis, as these muscles have their origin on bones but insert into dermis [61,62]. It has a fascial superficial layer, another one
associated with the muscles of expressions and the deep layer attached to the periosteum. On CT, the SMAS is a hyperattenuating arcuate line, while on MRI, it is hypointense on both T1 and T2, being observed in the subcutaneous fat, deep to the skin, and superficial to the facial muscles, with no origin or insertion [61,63]. Related to imaging, SMAS can be defined as restricted to the facial region and blending with the parotid and temporoparietal fascia [65]. The peripheral CN VII branches (temporal, zygomatic, buccal, marginal mandibular, and cervical branches) exit the parotid gland and course deep to the SMAS before innervating the muscles of facial expression [61], while trigeminal sensory nerves lie superficial to SMAS. Therefore, one of the secondary imaging features to indicate PNS along CN VII branches is the nodular thickening and enhancement of the SMAS structures [8,40].

3. Rare indirect findings

Small torus tubarius, mastoiditis, or middle ear effusion on the same side may indicate V3 denervation of the tensor veli palatini, causing Eustachian tube dysfunction [59].

On routine non-focused, non-enhanced CT and MRI studies, the complete assessment of the CNs is difficult, but the obliteration of certain fat pads or chronic muscular denervation is usually visible and may indicate the presence of PNS. These can be the clues for the optimization of the imaging protocol for the specific CNs [40].

Because the progression of PNS could be unpredictable, imaging should better be performed within 1 month before surgery [26].

In the literature, a zonal classification system has been proposed by Williams et al., which may be useful for staging PNS regarding the extent of the anatomic spread, as it allows the surgeon to plan the optimal procedure to reach clear margins. In case of certain imaging evidence of PNS at the level of pre-pontine cistern (zone 3), the patient is considered probably inoperable [24,26]. The PNS can extend from the

FIGURE 17. Same patient as in Figure 6. Coronal short-TI inversion recovery (A) shows right pterygoid muscle edema (white arrow). Axial contrast-enhanced 3D T1 FSPGR (B) reveals slight CE of the muscle (black arrow), compatible with acute muscular denervation suggesting the involvement of motor branches of V3.

FIGURE 18. A 28-year-old patient with previous surgery for the right parotid pleomorphic adenoma (with facial nerve preservation) presents for the right peripheral facial nerve paralysis with rapid onset, biologically with inflammatory syndrome. Axial 3D FIESTA images (A, B) show a slight signal hyperintensity at the level of the tympanic segment (arrow) of the right CN VII. The contrast-enhanced 3D T1-weighted images (C, D) demonstrate moderate uniformly linear CE of the right geniculate ganglion (dashed arrow), canal (arrowhead), and tympanic (double arrow) segments, more intense than the normal left side. The symptoms improved after the treatment.

FIGURE 19. A 41-year-old male with IgG4-related disease with multiorgan manifestations: Central nervous system, orbital disease, sialadenitis, thoracic, and abdominal. Axial T1-weighted (A), axial (B, C, E), and coronal (D, F) contrast-enhanced 3D T1 images. Bilateral isointense infiltrative masses in the PPF (white arrows) and retroantral fat (RAF) are revealed, with corresponding homogeneous CE. There is enlargement and CE of great palatine (arrowheads) and vidian nerves (gray arrows). Enhancing tissue is observed also at the cavernous sinuses (**) extending to the rotundum foramen (dashed arrows), while Meckel’s cave appears normal (black arrows). The foramen ovale is also spared and normal hypointense CN V3 can be noticed surrounded by the contrast filled venous plexus (double arrow). Symmetric pachymeningeal thickening and enhancement are present. Notice the enhancement of the hypophysis (H).
peripheral segments to central portions of CNs at the skull base up to the cisternal segments [24].

Differential diagnosis, imaging pitfalls, and challenges

There are some neural pathologies that may exhibit abnormal neural enhancement or may occur adjacent to foramina and so can extend through, therefore, these entities should be differentiated from PNS, as they mimic it on imaging and may lead to false-positive results [5,10]. For example:

- Benign nerve tumors (neurofibromas and schwannomas) usually show bulky enlargement of the nerve portion when the patient already has symptoms. These also may extend beyond the neural foramina (meningioma);
- Neuritis is characterized by CE of the nerve, but no considerable increase in nerve diameter. It is caused by different infectious diseases such as viral neuritis (Figure 18) or mucormycosis, autoimmune conditions such as sarcoidosis, amyloidosis, or IgG disease (Figures 19 and 20), as well as postradiation.

Regarding all this imaging "mimickers," the correlation with clinical history and the short-term follow-up scanning (at 6-8 weeks) or even biopsy when possible helps to establish the correct diagnosis [26]. Therefore, the PNS tends to progress, whereas neuritis improves and the benign tumors usually are relatively stable over time [8].

Some imaging pitfalls can lead to misdiagnosis. The inadequate technique may lead to poor depiction of CNs and the main checkpoints, thus the lesions can be easily missed. Even in a clinical context of H and N neoplasms, some imaging findings may be very subtle at the early stages of the disease, and so, may resemble normal CNs appearance (discussed earlier). A thorough discussion with the multidisciplinary team as well as follow-up studies to assess progression is implied. The asymmetric scanning of the patient results in false asymmetry of the neural foramina. There are also anatomic variants such as the high-riding jugular bulb (more common on the right side) which may be associated with a large jugular fossa and may be interpreted as a sign of mass lesion on non-CE CT [43]. The imaging control following surgery or radiotherapy may resemble the initial appearance of PNS and last for a long time, therefore, it is very difficult to assess for local recurrence [10]. The radiation-induced neuropathy can appear as nerve thickening and CE and lead to false-positive findings. The only clue of the disease progression in this case is the development of new symptoms and advances in radiologic appearance on the serial follow-up imaging studies. In children and young adults, the bone marrow in the mandible is not fatty and enhances normally after contrast medium administration, so it makes the detection of potential PNS in the inferior alveolar canal very problematic [40]. Post-radiation myositis should be differentiated from neurotropic muscle atrophy [60]. Traumatized muscles showing T2 hyperintensity and CE may look similar to denervated muscles, but they are usually accompanied by subcutaneous edema and clinical context of trauma [60].

CONCLUSION

An accurate clinical history, a solid neuroanatomical knowledge of CNs, their normal and pathologic appearance, an active search for the key radiologic landmarks, and an appropriate targeted technique (with the adaptation to the available possibilities in each specific imaging center) can provide a correct diagnosis. Given the impact of PNS on treatment strategies and prognosis, it is mandatory to describe this condition when staging patients with H and N cancers.

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